

# Become an EPEC Parent Group Leader

*Empowering Parents, Empowering Communities*

**“EPEC empowers mothers, fathers, parents and carers to better understand, manage and enrich their children’s needs and development, as well as promoting taking time to look after themselves”**



*Scan here to apply to volunteer  
with us today*

**Contact us**



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**zest**  
FOR THE COMMUNITY

