

# FREE FAMILY SUMMER SESSIONS IN THE PEAK DISTRICT...

shake  
out



Join us to celebrate summer with movement, dance and fun in some very special places!

## Ilam Park - White Peak

Part of Ilam Park's Summer of Play

Sunday 27 July - **Movement fun & games**

Sunday 3 August - **KindYoga/ FunDrum**

Sunday 17 August - **Mulembas D'Africa**

## Longshaw Estate

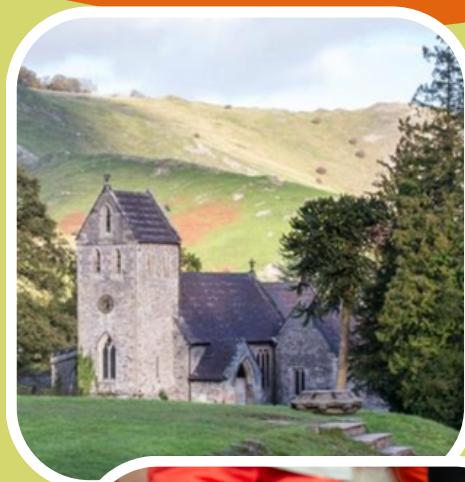
**Tuesday 12<sup>th</sup> Wednesday 13<sup>th</sup> August**

Family folk dance sessions at Longshaw's Summer of Play with Live folk music from **Lucy Huzzard**

Book online:

[www.nationaltrust/longshaw/events.org.uk](http://www.nationaltrust/longshaw/events.org.uk)

[www.nationaltrust/ilam-park/events.org.uk](http://www.nationaltrust/ilam-park/events.org.uk)



**CONTACT US**

**07872016884 - Jenny**

**EMAIL** [info@shake-out.co.uk](mailto:info@shake-out.co.uk)

**WEB** [www.shake-out.co.uk](http://www.shake-out.co.uk)