#### Weekly Newsletter 30 (9th May 2025)





### **Stocksbridge Nursery Infant School**

Pot House Lane, Stocksbridge, Sheffield, S36 1EJ. Tel: 0114 2883109

E-mail: <a href="mailto:enquiries@stocksbridge-nur.sheffield.sch.uk">enquiries@stocksbridge-nur.sheffield.sch.uk</a>
Website: <a href="mailto:https://www.stocksbridgenurseryinfants.co.uk/">https://www.stocksbridgenurseryinfants.co.uk/</a>
Newsletter: <a href="mailto:newsletter@stocksbridge-nur.sheffield.sch.uk">newsletter@stocksbridge-nur.sheffield.sch.uk</a>

Facebook: <a href="https://www.facebook.com/profile.php?id=61557721150857">https://www.facebook.com/profile.php?id=61557721150857</a>

#### What's happening in school next week?

- Mrs Bailey is teaching class 3 on Monday morning and class 2 on Monday afternoon.
- Street dance/cheerleading club on Monday 3:00pm 4:00pm.
- Classes 3 & 5 visit to Eyam on Tuesday 13th. Leaving school at 9am and aiming to be back at school for 3pm in time for normal collection time depending on traffic.
- Mrs Bailey is teaching class 7 on Tuesday morning and class 8 on Tuesday afternoon.
- Multisports club on Tuesday 3:00 4:00pm.
- Wednesday is come to school on your bike or scooter day. The Sheffield Active Travel Team are coming to make a film about all the work we do. We'll only work with children for whom we have consent.
- Mrs Taylor is teaching Nursery on Wednesday.
- Mrs Townsend is teaching music to classes 3 & 5 on Wednesday afternoon.
- Football club on Wednesday 3:00 4:00pm.
- Mrs Bailey is teaching class 1 on Thursday morning and the Orchard on Thursday afternoon.
- Please note there will be a menu change on Thursday 15th May this will be updated accordingly.
- Gymnastics club on Thursday 3:00 4:00pm.
- Classes 1 & 2 visit to Eyam on Friday 16th. Leaving school at 9am and aiming to be back at school for 3pm in time for usual collection time, depending on traffic.
- Class 5 have forest school on Friday.
- Arts & crafts AND Gardening clubs on Friday 3:00 4:00pm.

#### **Attendance**

Our target is 96%. This week's attendance is 96.2%

Class 1: 98%

Class 2: 97%

Class 3: 99%

The Orchard: 81%

Class 5: 97%

Class 7: 98%

Class 8: 96%

#### Well done Class 3

#### **Punctuality**

Our doors open at 8.20am and learning starts at 8.30am. Our Phonics teaching begins at 9.00am each day. Here's the number of children late this week.

Tuesday: 7

Wednesday: 10

Thursday: 6

Friday: 6

Total: 29

#### Looking ahead to the w.b. 19th May 2025.

- The assembly theme will be "Kindness (Mary Seacole, Sister Theresa)"
- Golden Star assembly on Monday 19<sup>th</sup> May for classes 7, 8, Nursery and the Orchard at 8:45am.
- Mrs Bailey is teaching class 3 on Monday morning and the Orchard on Monday afternoon.
- Street dance/cheerleading club on Monday 3:00 4:00pm.
- Golden Star assembly Tuesday 20<sup>th</sup> May for classes 1, 2, 3 & 5 at 8:45am.
- Our Y2 children will be visiting SJS on Tuesday morning for assembly, a tour and breaktime.
- Mrs Bailey is teaching class 7 on Tuesday morning and class 8 on Tuesday afternoon.
- Mrs Townsend is available to show parents around school on Tuesday between 11am and 12pm.
- Multisports club on Tuesday 3:00 4:00pm.
- Mrs Taylor is teaching Nursery on Wednesday.
- Mrs Townsend is teaching music to classes 3 & 5 on Wednesday afternoon.
- Football club on Wednesday 3:00 4:00pm.
- Mrs Bailey is teaching class 1 on Thursday morning and class 2 on Thursday afternoon.
- Gymnastics club on Thursday 3:00 4:00pm.
- Friday 23<sup>rd</sup> May is a non-uniform day for last day of term, in exchange for a fee of a £2 donation. A payment item will be available on ParentPay in due course.
- Miss Spencer is teaching class 5 on Friday.
- Arts & crafts AND Gardening clubs on Friday 3:00 4:00pm.
- School closes for Spring Bank Holiday. School reopens on Monday 2<sup>nd</sup> June.

#### After school clubs - week commencing 14th April 2025

Mondays – Street Dance/Cheerleading Club 3:00-4:00pm – **AND Y2** Book Club – 3:00-4:00pm – last few spaces remaining on both.

Tuesdays - Multisports Club - 3.00-4.00pm - last few spaces

Wednesdays – Football Club (FULL) – 3.00-4.00pm

Thursdays – Gymnastics – 3.00-4.00pm – 1 space remaining

Fridays – Arts & Crafts Club 3:00-4:00pm – 2 spaces remaining **AND** Gardening club **(FULL)** – 3.00-4:00pm

Spaces are limited and offered on a first come first served basis. If there is a club that your child would like to attend but there are no spaces available, please contact the school office and we can add them to the reserves list.

There has been an issue with ParentPay and therefore we have had to archive the clubs. This means they will not be visible to you on your ParentPay – if you are interested in booking one of the remaining spaces, please contact the school office. Thank you.

#### School Menu Spring/Summer 2025 (All school including Nursery)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Pork sausage roll & home baked potato wedges	Beef pasta Bolognese & garlic bread	Roast chicken with gravy, Yorkshire pudding & roast potatoes	Wholemeal margherita pizza & rice salad	Fish fingers & chips
Vegetarian main course	Macaroni cheese	Plant-based pasta Bolognese & garlic bread vg	Quorn grill, gravy, Yorkshire pudding & roast potatoes	Cheesy bean pitta	Cheese & onion pasty roll with chips
Jacket potato and filling	Jacket potato with cheese or baked beans	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo
Sandwich option	Ham	Ham	Ham	Ham	Ham
	Tuna mayo	Tuna mayo	Tuna mayo	Tuna mayo	Tuna mayo
	Cheese	Cheese	Cheese	Cheese	Cheese
Vegetables	Garden peas, baked beans	Broccoli, cauliflower & carrots	Broccoli, carrots & sweetcorn	Garden peas or sliced carrots	Garden peas, baked beans
Dessert	Vanilla sponge vg & custard	Shortbread & orange slices vg	Chocolate Brownie	Flapjack vg	Chocolate oaty slice vg

Yoghurt and fruit are also available each day as an alternative to dessert along with a selection of breads, salads and fresh drinking water.

Stocksbridge Nursery Infant School - Healthy Snack List							
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Fresh fruit	Fresh vegetables	Dried Fruit	Hard cheese	Cream crackers	Unaccompanied breadsticks		

#### **Snacks**

Please can we remind parents that if they are giving their child grapes for their snack at school, that they need to be sliced in half, length ways. Thank you.

#### **Supporting Maths at Home**

Practise subtraction. Start at 50. Using 1 or 2 dice take that amount away from 50. For example, if your first roll is a 6, you will now be at 44. If you go below 0 you lose. How many rolls did it take to get to 0.

To make it more challenging use dice with different numbers. We have some in school if you'd like to borrow any.



# Makaton – Signs of the Week who tired See if being signed here. Makaton for 'who?' Makaton sign of the week: 'tired'

#### Active Travel – making a short film on the 14<sup>th</sup> May.

We have been asked to support the Local Authority to make a short film about what's great about Active Travel. Your child should have brought home a letter about it today. If you are happy for your child to take part, please sign the permission slip and send it back into school.

Tweak of the Week: Quiet voices at lunchtime – even when Mrs T is not in the room!

## What Parents & Educators Need to Know about MENTALHEALTH & WELLBEING APPS

WHAT ARE THE RISKS? When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

#### **QUALITY & RELIABILITY**

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

#### PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check, in a great procupanded. check-ins are recommended.

#### DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

#### LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

#### **DATA SECURITY**

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

#### **IN-APP PURCHASES**

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?

## Advice for Parents & Educators

#### CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resource? Also check whether the app is affiliated with any government or mental health organisations, as these are soild indicators of legitimacy. Reviews can also be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

#### READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do so by yourself first, then go over it with the child who is considering using the app, to ensure they know what data will be collected and how exactly it will be used. Use all of this information make an educated decision on whether or not to download that particular app

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored medical help. If you have real concerns about a child's mental wellbeing, you should seek appropriate advice from a suitable source, such as their GP – or Childline, who can be contacted by calling **0800** 1111.

#### **ENCOURAGE OPEN COMMUNICATION**

SEEK PROFESSIONAL SUPPORT

Mental health and wellbeing apps can be useful for writing down feelings, tracking your own health and other such activities. These can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

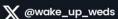
#### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



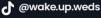


Source: See full reference list on guide page at: https://nationalcollege.com/guides/mental-health-apps













**Rosalie Roberts.** She has been an inspiration to us all this week. Not a moan, grumble or even a sad face. She has just got on with school life as best she can and has been quite determined to do so. Well done Rosalie. We've all learnt a lot from your positive attitude this week.

#### **Nursery News**

This week we have been focusing on our big muscles. We did some super work in PE and have enjoyed moving the tyres around, building and lifting. We need to develop these large muscles, not only for our good health, but so that we are ready for more complex fine motor skills as we get older.

#### Star of the Week

**Sinan Caliskan** is such a happy little man - lively, enthusiastic and full of fun. He is trying so hard with his language work and gives his all to everything he does. Well done Sinan.

#### **Registering for Nursery**

We still have availability in our Nursery.

If you would like to register for a place, we have availability for September 2025, January 2026 and Easter 2026 and you can register your interest with our school office by emailing <a href="mailto:enquiries@stocksbridge-nur.sheffield.sch.uk">enquiries@stocksbridge-nur.sheffield.sch.uk</a>, telephoning 0114 2883109 or just pop in and our office staff will be happy to help.

Tweak of the Week: Quiet voices at lunchtime – even when Mrs T is not in the room!



## **Growing Wild @ SNIS**

Our brand-new Gardening Club are already busy around school, making way for food and pollinator friendly planting. Our new planters are on order. If it all arrives flat pack then we may need some help putting it all together! Many hands make light work. We'll email parents with details if a work party is going to be arranged. We're all also learning to use the new waste and recycling bins. It can sometimes take a little while to get used to big changes and we're all very grateful to Mr Grocock for helping to reorganise our rubbish when we forget!





Any thoughts or ideas about our wild activities in school, please contact the school office at <a href="mailto:enquiries@stocksbridge-nur.sheffield.sch.uk">enquiries@stocksbridge-nur.sheffield.sch.uk</a> Thank you!

**Assembly Theme: Patience** 







## This week's praise board







- Mckenna Sommerfield for being a great friend and Kagan partner to Guy Gilbert.
- Eira Slack is such a thoughtful, compassionate young lady. One day this week, she asked a child who was sitting on their own to finish eating, if she wanted to join Eira's table. She even went over to help her carry her plate, bowl and cutlery.
- You wouldn't believe how many words Seb Spriggs can now read.
- Thank you to Ada Green and Erin Moore who have worked hard to make sure Class 2 is tidy.
- Junior-Gould Clegg for his enthusiasm for learning about the plague. He has retold our story brilliantly this week.
- Caleb Black and Lucas Carr for answering lots of questions in R.E.
- Viktor Irving has a wonderful sense of humour and he's made Mrs T smile this week.
- Thank you to Sewi Herbert and George Harwood who have made a great effort this week to make sure our water play doesn't spill onto the carpet.
- Nancy Wharton-Lovett and Olivia Stokes did some brilliant sharing during Art.
- Well done to Harriett Ottaway, and Millie and Oscar Hardcastle who have practised their spellings at home every day this week!
- Thank you to Olivia Stokes, Phoebe Couldwell, Millie Hardcastle, Sophie Pickwell, Fern Turner and Nancy Wharton-Lovett for a really good chuckle over lunch one day this week.
- Rosalie Roberts you have being amazing this week. The grown-ups in class 5 are very proud of you.
- Miss Miles was very impressed with Tilly Anderson's writing this week. Thank you for showing me, Tilly!
- No one could work harder than Sophia Sainthouse and it has paid off. She is doing brilliantly in phonics.
- Thank you, Harry Ward and Logan Pritchett, for helping to sweep up the sand in Class 8.
- Pippa Housley was very brave this week.
- Thank you to Rosie Davies, Iris Burnham-Wake and Freya Sawicki for all the junk modelling you have brought in over the last few weeks.
- Seb Wood and Opie Galston have been trying very hard in phonics this week- keep it up boys!
- Harry Radford knocked our socks off with his maths work this week- Well done Harry.
- Faolan O'Brien had a fantastic 'can do' attitude while writing this week which was lovely to see.
- Eadie Tazzyman taught Class 8 how to count to 10 in Spanish. Thank you Eadie.
- Thank you, Harry Jackson, with all your wonderful creations you have gifted us from home.
- Ava Dawson and Hector Morgan have done some beautiful independent writing of a postcard.
- Oleander Lewis has shown such joy when playing with the water this week making it travel from one area to another.
- Ellia Webster, Ava Hallows and Amber Pickwell were so kind to a friend this week showing her how to play with patience and maturity.
- Miss Shepherd has really enjoyed chatting with Etta Long this week.
- Caleb Eady has been listening extra carefully this week
- Charlie Ibbotson-Daw tells fantastic jokes and makes us laugh.
- Remi Guy picked up all the library books when they accidentally fell off the shelf. She didn't just walk away from them. Instead she chose to leave our library nice and tidy. Thank you!
- Sophie Meany and Pearl Wright came to cheer Miss Rogers up with their smiles, funny hats and general bonkers-ness!



The children's out of school achievements this week. Keep them coming. What they do and learn out of school is as important as what they do here.



Well done to this lovely girl who has passed her stage 4 in swimming!



This lovely little green finger has been busy potting and planting! She has re-potted her bean plant from last year and has planted some sunflowers in memory of a loved one! Beautiful!

**Assembly Theme: Patience** 

## Table Top

Sunday 18th May 10am - 1pm (Stalls set up from 9:00am)

Free entry and car parking
For further information, including stall
prices, or to book a table: please visit our
website or contact the Centre By phone: 0114 288 3792

Or email: admin@stocksbridgeclc.co.uk

Food and drinks available all day from oxu







**Moorland Drive** Stocksbridge Sheffield, S36 1EG www.stocksbridgeclc.co.uk 0114 288 3792 @stocksbridgeclc Charity Number 1153527