



PSHE

Intent

- To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.
- Our school is welcoming, inclusive and is a place where everyone is valued.
- Our pupils and staff treat each other equitably, fairly, with kindness and with mutual respect.
- Our pupils and staff approach challenges with a 'can-do' attitude.
- The needs and interests of all pupils, irrespective of gender, culture, ability or aptitude, will be promoted through an inclusive and varied PSHE curriculum at our school.
- For all pupils to learn to understand and respect diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.
- Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.

Implementation

Through a blend of structured lessons following the Jigsaw curriculum, interactive activities, circle time discussions, stories, and role-play, our PSHE curriculum aims to engage and inspire our youngest learners. We are committed to ensuring that PSHE education is integrated seamlessly into the fabric of school life, promoting a culture of respect, kindness, and resilience.

Moreover, we recognize the importance of collaboration with parents and caregivers in supporting children's PSHE learning journey. We aim to foster strong partnerships with families, providing them with resources, guidance, and opportunities for involvement in their child's personal and social development.

Personal, social and health education (PSHE) helps to give children the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, tackling many of the moral, social and cultural issues that are part of growing up. It teaches children about healthy choices and a healthy lifestyle.

In Foundation Stage, the children are taught how to build upon their own experiences and work towards achieving the Early Learning Goal (ELG) for Personal, Social and Emotional Development. This is divided into three main areas of Making Relationships, Self-confidence and Self Awareness and Managing Feelings and Behaviours.

In KS1, the children are taught skills and rules for staying healthy and safe and for behaving well. Children are given opportunities to show they can take some responsibility for themselves and their environment. They begin to learn about their own and other people's feelings and become aware of



the views, needs and rights of others. They learn social skills such as how to share, take turns, play, help others, resolve simple arguments and resist bullying