Sheffield ADHD Parent/Carer Drop-In

Delivered by Family Action supported by partners from Sheffield City Council.

For HELP, SUPPORT, ADVICE and INFORMATION....

Come along to our informal drop in coffee sessions and have a chat with other parents and meet staff from:

Sheffield ADHD Project, Sheffield Family HUBS, Ryegate, CAMHS and other agencies who support families affected by ADHD.

Wednesday 1st May, 9:30am-12.00pm
Wednesday 19th June, 9.30am-12.00pm
Tuesday 24th September, 9.30am-12.00pm
Tuesday 12th November, 4.30pm-7.30pm

Scotia Works, Leadmill Rd, Sheffield S1 4SE

NO DIAGNOSIS OR BOOKING REQUIRED

For more information, get in touch with the Sheffield ADHD Project

0114 241 2733

adhd.sheffield@family-action.org.uk

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www.family-action.org.uk

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