



## Stocksbridge Nursery Infant School

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Facebook: [www.facebook.com/stocksbridgeni](http://www.facebook.com/stocksbridgeni)

Twitter: [twitter.com/stocksbridgenis](https://twitter.com/stocksbridgenis)

### What's happening in school this week?

- Miss Kane is teaching class 6 Monday to Wednesday and Mr Barker is teaching on Thursday and Friday.  
Mrs Greenwood is teaching Class 7 all week except on Wednesday when Miss Spencer will teach the class.
- Mrs Bailey is teaching class 1 on Monday afternoon.
- Classes 1,2,3 & 5 are visiting the Leisure Centre to take part in sporting activities.
- Class 6 are visiting the library on Monday 5th Feb in the afternoon.
- Dance club on Monday 3:00 – 4:00pm.
- Tuesday is [Safer Internet Day](#).
- Mrs Bailey is teaching in The Orchard on Tuesday afternoon and Mrs Greenwood is teaching class 1.
- Class 3 are visiting the library on Tuesday afternoon.
- Multisports club Tuesday 3:00 – 4:00pm.
- Mrs Taylor is teaching Nursery on Wednesday.
- Class 7 are visiting the library on Wednesday morning.
- Mrs Bailey is teaching class 2 on Wednesday afternoon.
- Football club on Wednesday 3:00 – 4:00pm.
- Miss Spencer is teaching class 8 on Thursday morning.
- Golden Star Assembly for Classes 1,2,3,5 & 7 on Thursday at 8.45am.
- Y2's having drumming on Thursday afternoon.
- Mrs Bailey is teaching class 3 on Thursday afternoon.
- Gymnastics club on Thursday 3:00 – 4:00pm.
- Non-uniform day on Friday - £2.00 donation towards school fund.
- Golden star assembly for Nursery, classes 6 & 8 and The Orchard 8:45am on Friday.

### Attendance

Our target is 96%. This week's attendance is 95.6%

Class 1: 97%

Class 2: 97%

Class 3: 96%

Class 5: 96%

Class 6: 97%

Class 7: 97%

Class 8: 96%

The Orchard: 89%

### Well done Classes 1,2,6 & 7

#### Punctuality

Our doors open at 8.20am and learning starts at 8.30am. Our Phonics teaching begins at 8.45am each day. We have too many children coming late each day. Here's the number of children late this week.

Monday: 12

Tuesday: 12

Wednesday: 9

Thursday: 9

Friday: 11

Total: 53

- Class 8 are visiting the library on Friday in the morning and class 7 are going in the afternoon.
- Art club on Friday 3:00 – 4:00pm.
- Break for half term! School reopens on Monday 19<sup>th</sup> February.

### Looking ahead to the 19th February 2024

- The assembly theme will be 'Exploration and Discovery'
- Miss Kane is teaching class 6 Monday to Wednesday and Mr Barker is teaching on Thursday and Friday.
- Mrs Bailey is teaching class 3 on Monday afternoon.
- Dance club on Monday 3:00 – 4:00pm.
- Mrs Bailey is teaching The Orchard and Mrs Greenwood is teaching class 3 on Tuesday afternoon.
- Multisports club on Tuesday 3:00 – 4:00pm. **(need to confirm)**
- Mrs Taylor is teaching Nursery on Wednesday.
- Mrs Bailey is teaching class 1 on Wednesday afternoon.
- Football club on Wednesday 3:00 – 4:00pm.
- Miss Spencer is teaching class 7 on Thursday morning and class 8 in the afternoon.
- Mrs Bailey is teaching class 2 on Thursday afternoon.
- Y2 have drumming on Thursday afternoon.
- Gymnastics on Thursday 3:00 – 4:00pm.
- Miss Tonks is teaching Nursery on Friday.
- Curriculum newsletters will be sent home today. Mid-year reports for Classes 1,2,3,5,6 & 8 will come home today. This is our main report of the year. Reports for The Orchard and Nursery will be sent home in the summer term. Parents of Class 7 will be informed when their reports will arrive.
- Art club on Friday 3:00 – 4:00pm.

### After school clubs for term starting 19 February

Mondays – Dance. 3 – 4pm.

Tuesdays – Craft Club 3 – 4pm.

Wednesdays – Football with coaching from SUFC. 3 – 4pm.

Thursdays – Gymnastics. 3 – 4pm.

Fridays – Art club. 3 – 4pm.

All our clubs are on a first come first served basis. If any clubs are unavailable, please contact the school office and your child can be added to a reserves list.







**Tweak of the Week:** Be kind and helpful

## School Menu Autumn/Winter 2023 (All school including Nursery)

Week 3	Monday	Tuesday	Wednesday	Thursday <b>**CHINESE NEW YEAR DAY**</b>	Friday
<b>Main course</b> <b>**PLEASE NOTE CHANGE TO THURSDAYS MENU**</b>	Sausage & mash	BBQ chicken meatballs with pasta	Roast chicken with roast potatoes and gravy	Chicken chow mein	Cheese and tomato pizza and chips
<b>Vegetarian main course</b>	Spanish vegetable Quesadilla	Veggie meatballs in tomato sauce with pasta	Vegetable sausage with roast potatoes and gravy	Sweet chilli quorn & noodle stir fry	Cheese & onion roll with chips
<b>Jacket potato and filling</b>	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo	Jacket potato with cheese, baked beans or tuna mayo
<b>Sandwich option</b>	<b>Ham</b>	<b>Ham</b>	<b>Ham</b>	<b>Ham</b>	<b>Ham</b>
	<b>Tuna mayo</b>	<b>Tuna mayo</b>	<b>Tuna mayo</b>	<b>Tuna mayo</b>	<b>Tuna mayo</b>
	<b>Cheese</b>	<b>Cheese</b>	<b>Cheese</b>	<b>Cheese</b>	<b>Cheese</b>
<b>Vegetables</b>	Sweetcorn Cauliflower	Mixed vegetables Garden peas	Carrots Seasonal greens	Mixed salad	Baked beans Garden peas
<b>Dessert</b>	Chocolate banana cake	Flapjack with fruit	Chocolate sponge with custard	Mandarin orange jelly	Shortbread with mandarins

Yoghurt and fruit are also available each day as an alternative to dessert along with a selection of breads, salads and fresh drinking water.

### Stocksbridge Nursery Infant School - Healthy Snack List

					
Fresh fruit	Fresh vegetables	Dried Fruit	Hard cheese	Cream crackers	Unaccompanied breadsticks

### After School Clubs (Reception, Year 1 and Year 2)

If your child is attending an after-school club, please send them with an additional snack and drink which they can have before the club starts. Some of the children were **very** hungry by the end of the club.

**Lunchboxes** (All school inc Nursery) Could we please ask that children bring healthy lunches from home if they are not having a school meal. It is fine for the children to bring a cake bar, a biscuit etc. for dessert but please do not send chocolate or sweets. Thank you.

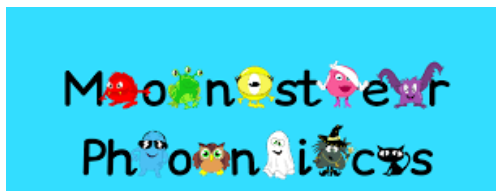
**Assembly Theme: Taking responsibility**

## Phonics, Keyword and Reading at home.

Next week your child will be learning the following sounds (phonemes) and keywords in class. By the end of the week we want our Reception children to be able to recognise the sounds and read the keywords. Children in Year One and Two should be able to recognise the sounds, read and spell the keywords. Please help them by practising these at home and sharing the appropriate Monster Phonic eBooks.

The website has been made better with access to more books. We believe Monster Phonics are going to email parents directly.

	Reception	Year One	Year Two
<b>Sounds/Phonemes</b>	or	au air prefix un	Review c Adding suffix
<b>Keywords</b>	it's do so	sea tea eat each really these other mother another	would door floor could poor should our found round around mouse shouted good took book looks
<b>eBooks to share</b>	A kitten was born	The wedding astronauts	The sad prince and princess



We have bought the subscription to eBooks for parents but our records are showing that many still have to activate their account. Below are instructions on how to do so. It's important the children read the books each week so that they are making the progress through the scheme they need to.

**Tweak of the Week:** Be kind and helpful

# Word of the Week



lair



1.



2.



3.



4.



## Meaning

- A place where wild animals sleep



## Challenge

Name the animals in their lairs.



# What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

## WHAT ARE THE RISKS?

### POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

### MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

### PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

### SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

### COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

### PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

## KEEP SCROLLING

## WIN TO WIN

27 new posts

## Advice for Parents & Carers

### ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

### NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

### ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

### MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

### Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The National College

NOS National Online Safety  
#WakeUpWednesday



## **ADHD Drop-in Café mornings and Information sessions.**

We have been asked to share some information with parents about the ADHD drop in café mornings.

The Family Action ADHD Project offers Drop in Café mornings and Information sessions to all families affected by ADHD. I wish to share the dates and flyers with you, may I please ask that you distribute them to your families as soon as possible?

Our sessions have been put together to support all families who have children with ADHD, and your support in advertising these events is essential to reach as many parents as possible. If you could please print out the flyers and advertise in your receptions or on notice boards, we would be very grateful.

Please see attached leaflets for our Drop-in Café mornings, the dates are as follows:

**FRIDAY 9TH FEBRUARY – SCOTIA WORKS DROP IN CAFÉ (9:30AM – 12 NOON)**

**TUESDAY 20TH FEBRUARY – LOWEDGES DROP IN CAFÉ (9:30AM – 12 NOON)**

**TUESDAY 12TH MARCH – LOWEDGES DROP IN CAFÉ (9:30AM – 12 NOON)**

Please also see attached the leaflet for our Information sessions at Lowedges. These sessions provide an introduction to ADHD, the dates are as follows:

**TUESDAY 19th MARCH 10-11:30am LOWEDGES INFORMATION SESSION**

## **Are you looking for a local dance school?**

Dedication School of Dance is run by experienced, committed and friendly teachers, offering a range of ballet, tap, theatre craft and stretching classes. Our core values at Dedication School of Dance always revolve around our children, ensuring they enjoy themselves and find passion in their classes.

A dance school is a place where you make lifelong friendships and make memories that will last a lifetime. We offer a 'no-pressure' environment where all pupils are given the opportunity to join in examinations and shows.

We currently have spaces in our class for children aged 4-7 years - for more information about this class please contact us via messenger on our Facebook page (Dedication Dance), or on 07748 633980.

We look forward to hearing from you.



## AUTISM AND ANXIETY INFORMATION SESSION

**ALL WELCOME** – No diagnosis required.

**FREE** of charge

**Mon 5<sup>th</sup>  
February**

Primrose Family Hub,  
S6 2TN



- Join one of our Peer Support Workers to learn more about Autism and anxiety and have the opportunity to discuss any issues around the subject that you would like support with.
- Please book via our website:  
<https://sheffieldparentcarerforum.org.uk/events/>
- Please note, this session is **not** suitable for children.

### Mrs Townsend's Pupil of the Week

**Ellis Williams.** Ellis is a kind, thoughtful, considerate, chilled out little boy. He has super manners, always tries very hard with anything asked of him. Ellis is popular because he is lovely to be around – the grown-ups like spending time with him too. Every school needs an Ellis Williams.

### Nursery News

After reading The Three Snow Bears we were inspired to make our own vegetable soup. The children absolutely loved peeling and chopping with many of them doing a fabulous job. We have learnt lots about polar bears and Arctic life as well.

As you know, the weather is still chilly outside. Please help your little one to practise putting their own coat on. We want to encourage them to be as independent as possible. Thank you.

### Star of the Week

**Willow Harvey's** listening skills are excellent. She has thought about what she has been taught, offered sensible suggestions and shared what she knows. Willow has really impressed us this week. Well done young lady!

**Tweak of the Week:** Be kind and helpful





## This week's praise board



- Alice Marsh for always being so grateful. She thanked Miss Palmer and Miss Cryer for making pizzas with her and then said a thank you to Paula and Kim for the smoothie workshop. What lovely manners, Alice.
- Lylah Shae Everitt always has a smile on her face.
- Lola Wall is just amazing. She gives 100% to everything she does.
- Jaxon Thistlewood, Pearl Wright, Lottie Moore and Rory Harkness gave our clapping song a really good go in assembly.
- Viktor Irving is the kindest friend you could wish to have. He is just such a wonderfully considerate young man.
- McKenna Somerfield for always holding the door open for grown-ups.
- Sofiya Rattigan - thank you for our chat in colouring club. It was lovely to hear your news. Mrs Tx.
- Sophie Meaney has been busy keeping our bathroom tidy on the bottom corridor. Super job.
- Scarlett Milnes and Pearl Wright have been super helpers this week with our English work and just helping others.
- Lottie Moore and Sienna Shepherd have been listening carefully to instructions.
- Corban Else was caught being polite to his classmates and teacher.
- Evie Foster was seen tidying the classroom without being asked.
- Eira Slack has been seen keeping our classroom and surrounding area neat and tidy.
- Oliver Jarvis was caught having a lovely time jumping and exercising sensibly during our smoothie bike session.
- Joshua Taylor. Even though he had a day off this week, he came back full of beans and threw himself into his amazing writing.
- Lottie Moore was spotted taking turns, making sure it was fair.
- Tyson Kiffin for having a wonderful memory which makes playing board games with him so much easier. We are also very pleased with his decision making - the right ones and not the wrong ones. Thank you, Tyson.
- George Humphries for accepting Jack into his game and showing him kindness in his very own inimitable way.
- Mrs Coldwell would like to thank Alisha-Rose-Barrott Young for being super helpful in the dining hall
- Thankyou Roxy Whalen for being fantastic at tidying up in Class 5 this week.
- Harry Oxley your writing this week has been fantastic. The ideas for the start of your story were brilliant.
- Thankyou Jax Brown for the chocolate brownies you made the teachers this week, they tasted delicious!!
- Sewi Herbert loves to please. He's trying hard and this week has mastered writing his name.
- Hope Barnes is delightful - always so smiley, so hardworking, so lovely to be around.
- Henry Smith has been a maths superstar this week. He was very quick to say how we can make the numbers 6,7 and 8. Well done Henry!
- Ivy Clarkson has had a fabulous first week at our school. It is lovely having her in Class 8.
- Thank you to Class 8 for welcoming Ivy into our class. You are all so kind and helpful.
- Mrs Lloyd would like to say a big thank you to Ariane Brown for being very kind to a friend who was a little upset and for also being a helping hand in the hall at lunch time.
- Mrs T continues to be very proud of Roman Chambers. He has now got the reading bug and it makes my heart sing!
- Jaxon-Lei Kimpton is a brilliant vegetable chopper upper!
- Lilly Hinchliffe and Pippa Housley have tried hard to answer questions in whole class learning time.
- Treven Saif has been making new friends this week.
- Freya Sawicki was so careful at cutting out.
- Hugo Cain-Allan was our dough disco king this week.



The children's out of school achievements this week. Keep them coming. What they do and learn out of school is as important as what they do here.



Over that last few weekends, this amazing girl has competed in Nottingham and Dumfries with her synchronised ice skating team. She has won Bronze in both. That's fantastic, well done!

**Tweak of the Week:** Be kind and helpful



This lovely boy was super proud of himself and his swimming achievements this week. Well done you!

This fabulous young lady gained her 50 meters badge at swimming this week. Amazing work!

