



Stocksbridge Nursery Infant School

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Cleaner **still** needed. Please ask at the office for details!

What is happening in school next week?

- 10 day Active Challenge continues with Scooter Day on Monday. Class 1 & 2 scooters should be stored on the path outside their classes or by the wall on the grassed area. Class 3 should 'park' theirs down by the side of their classroom near the Christmas trees. Class 5 & 6 should park theirs in the scooter store or by the wall down the side of the building. Class 7 & 8 should leave theirs in the small playground and Nursery should take theirs into the Nursery play area.
- Our Year 1 children are off to the EIS on Monday.
- Mrs. Taylor is teaching Class 8 on Tuesday and Nursery on Wednesday.
- Mrs. Gilder is teaching Class 3 on Monday, Mrs. Ollerenshaw on Tuesday, Mrs. Greenwood on Wednesday and Thursday and Mr. Barker on Fridays. Apologies for the number of teachers the class is having in one week.
- Mrs. Gilder is teaching Class 3 on Monday.
- Our Y2 children are off to the EIS on Tuesday 22nd March.
- Miss S Rogers is teaching Class 2 on Wednesday.
- Mrs. Townsend is available to show parents around on Thursday at 9.00am.

Attendance

Class 1: 99%

Class 2: 97%

Class 3: 99%

Class 4: 64%

Class 5: 93%

Class 6: 87%

Class 7: 88%

Class 8: 94%

**Our target
attendance
is 96%**

**This
week's
attendance
is
90.1%**

**Well done
Classes 1 and 3**

Looking ahead to the w.b. 28th March 2022

- The assembly theme for the week is Easter
- It is Enterprise Week in school.
- Its Golden Star assembly for children in Classes 1, 2, 3 & 5 on Tuesday 29th. Parents of nominated children can either come into school or join us via zoom. The assembly is at 9.00am and lasts about 20 minutes.
- We have a music group coming in to teach the children some good, old-fashioned children's songs on Tuesday afternoon.
- Our face-to-face Parent/teacher meetings are on Tuesday 29th March – 3.15-6.30pm. Feel free to have a wander around school. There will be a little info session on handwriting, letter formation and name writing in the hall 5.00-5.45pm.
- Mrs Heavens is running a maths information session on Wednesday 30th March, 4.30-5.30pm in the school hall. A crèche will be provided.

Looking ahead to the w.b. 28th March 2022 continued....

- Its Golden Star assembly for children in Nursery, 6 7, 8 & The Orchard on Thursday 31st March. Parents of nominated children can either come into school or join us via zoom. The assembly is at 9.00am and lasts about 20 minutes.
- Some of our Y2 children are going down to the playground on Rundle Road to plant trees on Thursday (31st) afternoon. We have been invited to do so by Sheffield City Council as part of the celebrations of the refurbishment of the park.
- Classes 1, 2, 6, 7 & 8 will be holding their Enterprise Sale at 2.15pm on Thursday (31st). This will take place on the main playground. The main gate will be manned for security. Children will return to class at 2.40pm and be dismissed in their usual way from their usual place.
- Our children are all going to do some Judo on Friday (1st April) – little taster sessions offered by Links.
- Classes 3 & 5 will hold their Enterprise Sale at 8.45am on Friday. **Could Class 5 please come at 8.30am on that day** so they can be registered and then set up their stall for you?
- Mrs. Townsend is available to show parents around on Friday at 9.00am.
- We close for Easter on Friday. School reopens on Tuesday 19th April.




Nursery News

Volcanoes have erupted, daffodils have been painted, biscuit faces made and so many little legs have walked and scooted to school each day. Well done and keep up the great work.


Star of the Week

Carter Murphy is a maths whizz. Always there to sort the date out for us and often found adding, subtracting and working things out. He has become a great problem solver and we love watching him learn.



Mrs Townsend's Pupil of the Week

Archie Jackson has just matured so much over the year. He is interesting to talk to, polite and helpful. He also sings his little heart out in assembly and joins in with all the Makaton signs. This week we have even had an 'in time' little head shake – he was enjoying the music so much!



Donations for People of the Ukraine

Many thanks for the huge amount of donations that have been made to try to help, in some small way, the people of the Ukraine. Matilda's mum's garage is now full. She is delivering this weekend. The items in demand now are ones we can't really help with – mainly medicines and medical supplies.

Tweak of the Week: Hold doors open for others and say 'You're welcome' when they thank you.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	Classic cottage pie	Traditional toad in the hole with mashed potatoes and gravy	Roast chicken with Yorkshire pudding, roast potatoes and gravy	Chicken & sweetcorn pie.	Pizza & chips with tomato sauce
Dish of the day 2	Vegetarian cottage pie.	Vegetable & whole wheat tortilla lasagne	Quorn roast with stuffing & gravy with boiled potatoes and gravy	Tomato, basil & courgette pasta bake	Mozzarella & fresh tomato melt with chips & tomato sauce
Oven baked jacket potato	Jacket potato with cheese, baked beans.	Jacket potato with cheese, baked beans, tuna mayonnaise.	Jacket potato with cheese, baked beans, tuna mayonnaise.	Jacket potato with cheese, baked beans, tuna mayonnaise.	Jacket potato with cheese, baked beans, tuna mayonnaise.
Sandwich option	Ham	Ham	Ham	Ham	Ham
		Tuna mayonnaise	Tuna mayonnaise	Tuna mayonnaise	Tuna mayonnaise
	Cheese	Cheese	Cheese	Cheese	Cheese
Vegetables	Mixed vegetable & garden salad	Green beans & cauliflower	Mixed vegetables	Broccoli & sweetcorn	Baked beans & garden peas
Desserts	Chocolate shortbread with apple smiles	Vanilla sponge and custard	Peach shortcake bar & custard	Watermelon & pineapple slices	Lemon & courgette slice

The children's out of school achievements this week. The children love sharing these in assembly so please keep sending them in. They say they feel proud in front of their friends.



Stage One swimming for this fine young man.



A Stage 2 certificate for this lovely young lady. She's only been learning a short time and has moved up two classes already.

Assembly Theme: Courage

The children's out of school achievements this week. The children love sharing these in assembly so please keep sending them in. They say they feel proud in front of their friends.



These two girls had lots of success with their dancing last weekend.



This little girl was awarded Star of the Day at her dance class last weekend.



Rainbow distance and Learn to Swim 1. I wonder how long Rainbow distance is!



A long and lovely walk last weekend with grandparents.



This week's praise board



Harry Powell for making Miss Weaver feel welcome in Class 2.

Jack Clayton has done some super persuasive writing.

George Pedler for trying so hard with his number thinking and dazzling Miss Nadin.

George Griggs told us that reducing, reusing and recycling was all about 'saving the world' and making it a better place to be!

Mollie Steele-Birch for amazing the grown-ups with her number thinking sessions.

Hermione Merrywest has the 'eye of an eagle' and always spots when something is out of order or out of place!

Emily Clough for her fabulous writing on The Three Little Pigs.

Athena Fort for persevering when she found doing forward rolls tricky. She was very proud of herself when she found out she could do it.

Jenson Turner-Jones for helping his friend to peel her orange at lunchtime.

Archie Jackson, Theo Davies, William, Charlie and Paulo Bullimore, Charlotte, Georgia and Ginny England Woodcock, Mason Hill, Reggie, George and Charlie Griggs, Lillie Dowde, Henry and Harriet Warren, Laila Clarke, George and Holly Swales for joining Mrs T on the Alphabet Walk on Tuesday. In Archie's words....'that was such a nice way to get to school.'

Molly Wilkinson for great listening in assembly and answering super questions.

Rocco Kelly has been sitting on the spots to do some super listening this week.

Pearl Wright knows all about the animals that are waking up from hibernation.

Rohan Simmons is so much more willing to chat and share what he knows.

Miss Rogers had a lovely alphabet walk to school with Isaac, Parker, Charlotte, Harris, Erin, Caleb and Sophia.



Supporting Children's Mental Health

I attended some training yesterday and it was suggested that we inform parents of what we do in school to support children in having good mental health.

A warm welcome is considered crucial so that the children feel wanted, safe and secure. They are met at the gate and in the classroom and we make a point of greeting each child by their name. We teach the children about emotions using something called Zones of Regulation. We will send home more information as you may find this useful. We hold circle time sessions each week in every class and the children have opportunities to talk about their own emotions, to resolve conflicts through stories or scenarios. Our Personal, Social, Emotional curriculum is really well developed and the children have a lesson each week. We offer some children an intervention called Nurture. Mrs Costello runs this on four afternoons. It is to support children to feel safe and secure, to learn about how to regulate their emotions and their behaviours. Many of our assembly themes are focused on values and emotions to help our young children understand what they are, how to deal with them and how to grow up being regulated, fine young people. Above all of these, we know our children really well as individuals, we are vigilant, we spot when they are not quite themselves and we offer to help. We provide a genuinely warm and caring environment for the children to learn in.

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From the continuing impact of COVID-19 to the war in Ukraine, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they have seen.

2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what is happening – but again, do stay aware of their emotional state.

4 EMPHASISE HOPE

Upsetting content can make us feel angry, scared. Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

6 CONSIDER YOUR EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

7 SET LIMITS

Managing screentime and content can be difficult at the best of times, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try and at least limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screentime limits.

8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/health-5647806> <https://www.childrens.org.uk/guides/supporting-your-child-with-upsetting-content/> <https://www.nos.org/parents/how-to-talk-your-children-about-conflict-and-war>



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Tweak of the Week: Hold doors open for others and say 'You're welcome' when they thank you.