

2021-22



# School Readiness Booklet

Important information for parents and children.

# Stocksbridge Nursery Infant School

Pothouse Lane  
Stocksbridge  
S36 1EJ

Tel: 0114 2883109  
Fax: 0114 2830204

email: [enquiries@stocksbridge-nur.sheffield.sch.uk](mailto:enquiries@stocksbridge-nur.sheffield.sch.uk)

<http://www.stocksbridgenursery.co.uk>



# What is 'School Readiness?'

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School Readiness is **not** about starting a formal approach to learning as early as possible. Your child learns and develops mainly through play.

It cannot be stressed enough how valuable play opportunities are for your child, allowing him/her to explore the world around them and make connections in their thinking which leads to deep level learning.

All the positive experiences that babies and young children can receive, contribute towards them being 'ready for school'.

Supporting your child to become independent, communicative, feeding and dressing themselves, using the toilet and knowing and understanding their own needs is great preparation for later when these skills will be invaluable.



## Ready for school?

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Starting school is a very exciting step in a child's life and may be stressful for some children, parents and families

This leaflet aims to reassure and inform you of some simple and fun everyday opportunities to support your child start school healthy, happy, active, curious, sociable and keen for the next phase of life and learning.

'School Readiness' is not about getting children ready for school... rather, it is 'part and parcel' of lifelong learning.

Your child is unique and will develop at their own pace and rate. If you require advice on meeting your child's needs and progress, and your child attends our nursery currently, then please speak with your child's key worker. If your child attends a setting outside of our school you are very welcome to contact us to discuss your concerns. We will endeavour to support you in the best way we can. Alternatively you may wish to seek advice from your child's current Early Years setting, childminder, Children's Centre or local Health Visiting team.



You are your child's most important and on-going educator.  
You can support and encourage them with ...

... developing a love of books, stories and songs

... chatting about likes, dislikes, feelings and emotions

... dressing and feeding themselves, and using the toilet

... making healthy nutritious food and drink choices,

... being active every day—run, jump, dance, hop

... exploring the outdoors—look at nature

... asking questions, encourage talking wait for the —

... being able to follow simple instructions

... showing interest in their fascination and curiosity to learn— what does interest them

... turn-taking, helping and sharing together

... being creative and exploring messy play— paint,

... praise and encourage effort - celebrate abilities and strengths

# Ready for school?

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Children progress and learn at different rates and will, hopefully, demonstrate a wide range of unique capabilities by the time they start with us.

However, we need to be mindful that 'school readiness' is **NOT** about being able to...

- ♦ be compliant
- ♦ sit still for 20 minutes
- ♦ read all alphabet letters
- ♦ write their name
- ♦ count to 20
- ♦ tie shoe laces

## What's available to help?

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There are many websites or apps that will give you ideas of things to do with your child.

Here are just a few of our favourites:-

- \* Hungry Little Minds  
<https://hungrylittleminds.campaign.gov.uk/>
- \* Tiny Happy People  
<https://www.bbc.co.uk/tiny-happy-people>
- \* Cbbc  
<https://www.bbc.co.uk/cbbc>
- \* Pinterest  
<https://www.pinterest.co.uk/floridadoxie/activities-for-4-year-olds/>  
<https://www.pinterest.co.uk/lenaweegreatsta/school-readiness-activities/>
- \* PACEY  
<https://www.pacey.org.uk/working-in-childcare/spotlight-on/being-school-ready/>
- \* Road to school  
<https://www.pinterest.co.uk/pin/269582727679719473/>