

How Can You Help?

The world around us is an exciting place!
There are lots of opportunities to explore,
investigate and talk about.

Here are some ways in which you can
support your child at home:

*Share stories, talking about how characters
may feel. Look at character faces and predict
their feelings and what might be happening
to cause them to feel that way. Share times
when the event in the story has happened to
your family. Ask your child if the event has
ever happened to them?

*Play taking turn games that involve rules;
for example, snap, snakes and ladders, or
hopscotch. For fun make up your own games
and rules using resources from around the
house.

* Chat often. This can be about anything and
everything, inside or out. Encourage your
child to respond with words to develop their
conversation skills. Respond in turn to their
interests modelling how this is done. Praise
them when they do. Alongside this is waiting
when someone is talking already.

* Allow them to be independent in dressing
and washing. Let them help you prepare
food, put washing away or set the table.



Further curriculum links:-

Spiritual Moral Social and Cultural (SMSC)

British Values

PE

Reading



*Feel free to contact the following people for any
additional information:*

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PSHE

Information for Parents and Carers

What is PSHE?

Personal, Social, Health and Emotional education.

The purpose of this leaflet is to help you understand what PSHE is and how it is taught at Stocksbridge Nursery Infant School (SNI).

We believe that young children are intrinsically curious, questioning and spiritual, and can, with well-planned teaching and learning opportunities, gain knowledge, skills and experience that support their ongoing development.

All children will be given opportunities to develop aspects of:-

- personal, social and emotional development, to better understand themselves;
- understanding the world, to better understand others;
- physical development, to become increasingly independent and manage their health needs.

Our scheme is divided into the themes of:-

- *Being In My World.
- *Celebrating Difference (including anti-bulling)
- *Dreams and Goals
- *Healthy Me
- *Relationships
- *Changing Me (including relationship and sex education).

Each theme is divided into a series of learning enquiries, to explore, discuss and share.

Lessons are structured in such a way to give all pupils opportunity to be calm and mindful of their surroundings; time to think and share ideas and experiences; time to try out new learning.

How is PSHE taught at SNI?

PSHE is delivered and taught in two ways. Firstly we make links with everyday experiences as they occur, through conversation, stories and songs. Secondly it is taught explicitly during curriculum time with activities designed for a particular reason. Children access PSHE in the classroom and through play indoors and outside. Teaching staff design activities using our whole school scheme called Jigsaw.

All pupils are taught and experience all aspects of the PSHE curriculum whilst in our school setting. All staff are responsible for the development of PSHE with all pupils, "It takes a community to raise a child".

Pupils are encouraged to use all of their senses to engage with each enquiry. As children explore and express their ideas and experiences, talk about what they see and hear, staff will support pupils to make links in their learning. Making links help us to see patterns in life and make connections. This in turn supports development of new thinking and learning so we know better how to respond next time. From here children are supported to practise new learning in skills and knowledge so that they may become increasingly independent.

The way children make those links can be divided into three characteristics:-

- *Playing and exploring – engaging with their world
- *Active learning- motivation to find out more
- *Being creative and critical – thinking about what, how and why ready for next time.

Pupils are encouraged to record their thoughts, ideas and feelings in a range of ways; for example, using art, pictures, written words, dance, music, and photographs.

How is PSHE taught at SNI?

Foundation Stage (Reception and Nursery Years)

The learning goals that cover all aspects of PSHE are set out by the Government within the document 'Development Matters'. These are:-

- *Physical Development : health and self care.
- *Personal Social and Emotional Development: self confidence and self awareness; managing feelings and behaviour; making relationships.
- *Understanding of the World: people and communities; the world.

Pupils engage with staff and each other during continuous provision (free play) and adult led challenges. Staff plan activities and resources within play to support wider thinking, exploration and new learning. Staff also play games led by the children, taking their lead and fostering interests.

Key stage 1 (year 1 and year 2)

There is no specific guidance from the Government for this curriculum aspect, only that 'it is desirable that all schools design and deliver a suitable program of learning for PSHE, to support the developing needs of their pupils'. Staff and pupils will record learning together using a journal in each theme. This may be done as individuals or small groups.

Typical PSHE activities

Circle time – sharing ideas, learning to listen and respond;

Baking – talking about special food at home;

Board games – following rules and being pleased for others when they win.

Cut and stick – matching pictures of activities to characters from a story.